

THE UNIVERSITY OF NEW MEXICO

# STUDENT WELL-BEING ASSESSMENT

*A Lobo Well-Being Project*



**2024-2025 UNM-NORTH  
CAMPUS FINDINGS REPORT**

# SUMMARY

The UNM Student Well-Being Assessment was completed in Fall 2024 in partnership with the American College Health Association (ACHA). 4,704 UNM students participated in the survey, which investigated areas of well-being, known as “dimensions”, that are influenced by the college environment. Please refer to the *Student Well-Being Assessment: 2024-2025 Findings Report* for information regarding ACHA’s dimensions and correlation to the University’s Lobo Well-Being framework.

This supplemental report references terminology specific to the American College Health Association’s Well-Being Assessment. Definitions of Trans/GNC, Dimensions, and the use of sex and gender are included in the 2024-2025 Findings Report.

# DEMOGRAPHICS

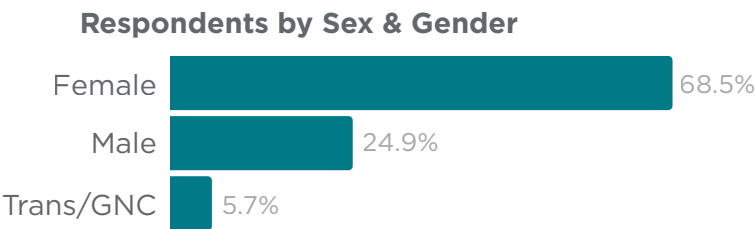
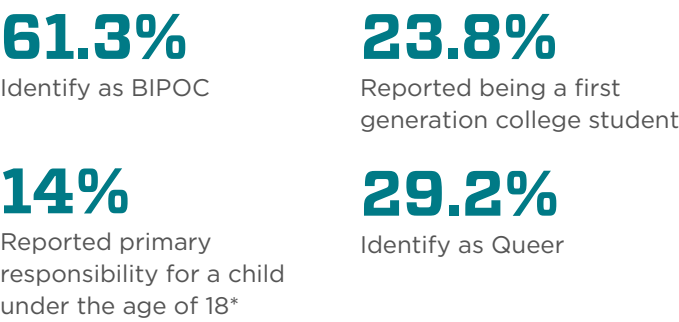
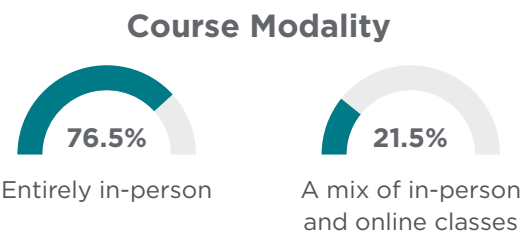
According to the UNM Office of Institutional Analytics (OIA) Official Enrollment Report (OER), the total North Campus Headcount for Fall 2024 was 3,938 students. Of that total, 349 students participated in the Student Well-Being Assessment, resulting in a response rate of approximately 8.9%. Consisting of the School of Law, School of Medicine, College of Nursing, College of Pharmacy, and College of Population Health, North Campus delivered the second highest number of responses behind Central (Main) Campus.

Approximately 74% of North Campus’ Fall 2024 headcount was female, while approximately 26% was male. OIA does not currently track transgender or gender non-conforming identities in the OER.

See Figure 1 below for additional demographic information.

Figure 1. North Campus Respondent Demographics

96.6% reported full-time enrollment  
3.4% reported part-time enrollment



\*For the purposes of this study, this group is known as Parenting Students



# RESULTS & KEY FINDINGS

Figure 2. Dimension Scores by Campus

= Most desirable score

Dimension Scores by Campus			
	North Campus	Branch Campuses	Central (Main)
Happiness	31.85	<u>34.24</u>	30.71
Anxiety	29.11	<u>26.01</u>	29.29
Depression	20.43	20.84	22.68
Loneliness	18.22	18.26	19.79
Social Anxiety	21.98	21.02	22.60
Life Satisfaction	<u>47.06</u>	43.50	42.04
Self-Esteem	44.43	44.57	42.44
Optimism	39.06	<u>40.89</u>	37.47
Positive Coping	34.68	35.50	34.49
Belonging	45.08	<u>46.11</u>	41.41
Meaning	46.23	46.50	42.95
Purpose	<u>51.92</u>	50.08	49.24
Academic Engagement	<u>48.08</u>	46.09	43.95
Activity Engagement	<u>46.62</u>	41.74	43.20

Students at North Campus reported more desirable scores in the Life Satisfaction, Purpose, Academic Engagement, and Activity Engagement dimensions than their peers at the Branch Campuses or Central (Main) Campus. Compared to students at Central Campus, students at North Campus reported more desirable scores in all dimensions. See Figure 2.

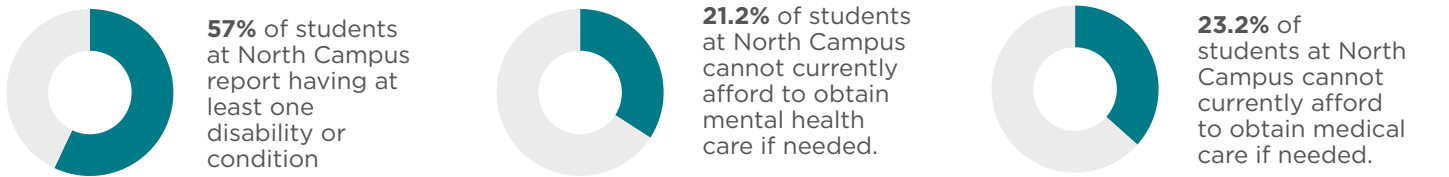
Students with Disabilities or Conditions reported similar or slightly less desirable scores in all dimensions compared to their other North Campus peers. Queer-Spectrum students at North Campus also reported less desirable scores compared to their peers.

Similarly to Parenting Students at Central (Main) Campus and Taos, North Campus’ Parenting Student population generally reported more desirable dimension scores than their non-parenting peers at North Campus and other UNM campuses.



Figure 3. North Campus Students’ Mental Health and Access to Care

## Mental Health and Access to Care



The number of students at North Campus who report having at least one disability or condition is about the same as the average of students at all campuses (57% vs. 57.9%). Students at North Campus are also less likely to report difficulty affording medical and mental health care than the average UNM student. North Campus and Taos are the only campuses where students reported an above average ability to afford care. See Figure 3.

## RESULTS & KEY FINDINGS (CONTINUED)

Compared to an average of 31.4% among all UNM students, 22.4% of students at North Campus indicated the food they bought within the last 30 days did not last, and they did not have money to buy more. 21.4% of North Campus students also reported sometimes/often/very often contributing money to support family members, vs. a UNM-wide average of 26.3%. Students at North Campus appear to worry about the same as the average UNM student when it comes to paying for their educational expenses (55.9% vs. 56.4%). Based on the three inquiries shown in Figure 4, it seems students at North Campus may experience lower food-related basic needs insecurities than their peers at other UNM campuses, though financial insecurity figures are inconclusive.

Figure 4. North Campus Students' Basic Needs and Financial Concerns

**22.4%**

Within the last 30 days, the food I bought (sometimes/often) just didn't last, and I didn't have money to get more.

**21.4%**

I (sometimes/often/very often) contributed money to help support family members who were not my own domestic partner or children.

**55.9%**

I (sometimes/often/very often) worried about being able to pay for my educational expenses.



## CONSIDERATIONS

In addition to the Considerations highlighted in the 2024-2025 Findings Report, please note that, due to the number of responses, care should be taken when reviewing these data. With a response number of 349, North Campus did not reach the desired 10% response rate, thus the data may not be fully representative of the North Campus student body. Additionally, Online-only students have been excluded from further analysis due to the risk of identification. Lastly, research requirements have mandated that students under the age of 18 be excluded from this assessment. It is important to remember that these data apply *only* to students 18 years of age or older.

## REFERENCES

American College Health Association. American College Health Association-Well-Being Assessment: University of New Mexico Executive Summary Fall 2024. Silver Spring, MD: American College Health Association; 2024.

The University of New Mexico. (2025). *Student Well-Being Assessment: 2024-2025 Findings Report*.

UNM Office of Institutional Analytics. (n.d.). *University of New Mexico Official Enrollment Report* [Public dashboard]. Retrieved September 3, 2025, from <https://oia.unm.edu/facts-and-figures/official-enrollment-reports.html>

The UNM IRB protocol associated with this study is **#2407139897**

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