

THE UNIVERSITY OF NEW MEXICO

STUDENT WELL-BEING ASSESSMENT

2024-2025 UNM-Taos Findings Report



A Lobo Well-Being Project

SUMMARY

The UNM Student Well-Being Assessment was completed in Fall 2024 in partnership with the American College Health Association (ACHA). 4,704 UNM students participated in the survey, which investigated areas of well-being, known as “dimensions”, that are influenced by the college environment. Please refer to the *Student Well-Being Assessment: 2024-2025 Findings Report* for information regarding ACHA’s dimensions and correlation to the University’s Lobo Well-Being framework.

This supplemental report references terminology specific to the American College Health Association’s Well-Being Assessment. Definitions of Trans/GNC, Dimensions, and the use of sex and gender are included in the 2024-2025 Findings Report.

DEMOGRAPHICS

According to the UNM Office of Institutional Analytics (OIA) Official Enrollment Report (OER), the total Taos Campus Headcount for Fall 2024 was 897 students. Of that total, 70 students participated in the Student Well-Being Assessment, resulting in a response rate of 7.8%. Please note that students participating in dual-credit and concurrent enrollment were not included in the Student Well-Being Assessment. Approximately 64% of Taos’ Fall 2024 headcount was female, while approximately 36% was male. OIA does not currently track transgender or gender non-conforming identities in the OER.

See Figure 1 below for additional demographic information.



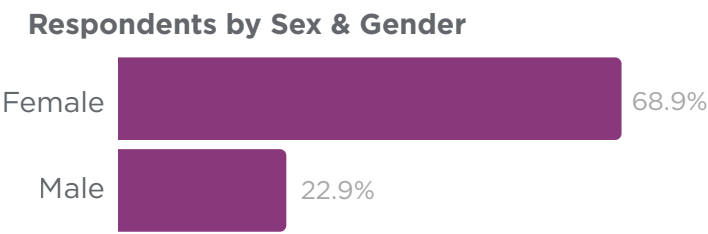
61.4%
Identify as BIPOC

74.3%
Reported being a first generation college student

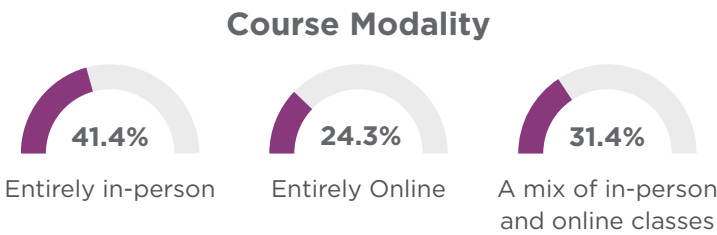
32.9%
Reported primary responsibility for a child under the age of 18*

20%
Identify as Queer

Figure 1. Taos Respondent Demographics



60% reported full-time enrollment
32.9% reported part-time enrollment



*For the purposes of this study, this group is known as Parenting Students

RESULTS & KEY FINDINGS

Figure 2. Dimension Scores by Campus

● = Most desirable score

Dimension Scores by Campus			
	Taos	All Other Branches	Central (Main)
Happiness	33.74	34.34	30.71
Anxiety	23.82	26.45	29.29
Depression	19.70	21.1	22.68
Loneliness	17.27	18.46	19.79
Social Anxiety	17.86	21.65	22.60
Life Satisfaction	42.82	43.63	42.04
Self-Esteem	46.39	44.20	42.44
Optimism	41.47	40.77	37.47
Positive Coping	38.22	34.95	34.49
Belonging	45.91	46.15	41.41
Meaning	45.17	46.77	42.95
Purpose	50.96	49.91	49.24
Academic Engagement	49.17	45.47	43.95
Activity Engagement	42.32	41.62	43.20

Students at the Taos campus generally reported more desirable dimension scores than their peers at All Other Branches and their Central (Main) Campus peers. Notably, respondents at Taos reported more desirable Positive Coping and Academic Engagement scores than students at other campuses. Taos scored within +/- 1.00 of all other branches in the Happiness, Life Satisfaction, Belonging, and Activity Engagement dimensions. See Figure 2.

Students at Taos with Disabilities or Conditions reported slightly less desirable scores in all dimensions except Positive Coping compared to their peers at Taos. Queer-Spectrum students reported less desirable scores in all but one dimension (Belonging) compared to students who did not identify within the Queer-Spectrum. Notably, Queer-Spectrum students at Taos scored least desirably in the Happiness (-8.14), Optimism (-6.85), and Positive Coping (-6.17) dimensions compared to their peers.

Similarly to Parenting Students at Central (Main) Campus, Taos' Parenting Student population generally reported more desirable dimension scores than their peers at the same branch, excluding the Positive Coping dimension which was within +/- 1.00.



Mental Health and Access to Care

Figure 3. Taos Students' Mental Health and Access to Care



55.7% of students at Taos report having at least one disability or condition



27.1% of students at Taos cannot currently afford to obtain mental health care if needed.



20% of students at Taos cannot currently afford to obtain medical care if needed.

The number of students at Taos who report having at least one disability or condition is slightly lower than the average of students at all campuses (55.7% vs. 57.6%). Students at Taos are also less likely to report difficulty affording medical and mental health care than the average UNM student. Taos and North Campus are the only campuses where students reported an above average ability to afford care. See Figure 3.

RESULTS & KEY FINDINGS (CONTINUED)

Within the last 30 days, 45.8% of students at Taos indicated the food they bought did not last, and they did not have money to get more (vs. an average of 31.4% at all campuses). At 25.7%, Taos students reported sometimes/often/very often contributing money to support family members, nearly matching the UNM-wide average of 26.3%. Students at Taos also appear less likely to worry about paying for their educational expenses than the average UNM student (48.6% vs. 56.4%). See Figure 4.



reviewing these data. With a response number of 70 students, Taos did not meet the desired 10% response rate, thus the data may not be fully representative of the Taos student body. Additionally, some sub-populations including Veterans and Trans/GNC students have been excluded from further analysis due to the risk of identification. Lastly, research requirements have mandated that students under the age of 18 be excluded from this assessment. Given the composition of UNM's Branch Campuses in general, it is important to remember that these data apply *only* to students 18 years of age or older.

REFERENCES

American College Health Association. American College Health Association-Well-Being Assessment: University of New Mexico Executive Summary Fall 2024. Silver Spring, MD: American College Health Association; 2024.

The University of New Mexico. (2025). *Student Well-Being Assessment: 2024-2025 Findings Report*.

UNM Office of Institutional Analytics. (n.d.). *University of New Mexico Official Enrollment Report* [Public dashboard]. Retrieved September 3, 2025, from <https://oia.unm.edu/facts-and-figures/official-enrollment-reports.html>

Figure 4. Taos Students' Basic Needs and Financial Concerns



CONSIDERATIONS

In addition to the Considerations highlighted in the 2024-2025 Findings Report, please note that, due to the number of responses, care should be taken when



DIVISION OF
STUDENT AFFAIRS

The UNM IRB protocol associated with this study is **#2407139897**

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